

Intake Form

Name: _____

Date of birth: _____

Referred by: _____

Career or occupation: _____

Level of education: _____

Spirituality/religion: _____

Briefly describe your presenting concerns:

History of mental health treatment: If yes, list providers and dates of treatment (include hospitalizations).

Please check and describe the following symptoms that apply to you:

Sadness or depressed mood:

Low Energy/Fatigue:

Guilt/Shame:

Irritability/Anger:

Client Name: _____

Hyperactivity:

Impulsiveness:

Elevated Mood:

Racing Thoughts:

Memory Difficulty:

Increased/Decreased Sexual Interest:

Decreased Appetite:

Difficulty Falling/Staying Asleep:

Self Injury Behaviors:

Excessive Sleeping:

Suicidal Thoughts:

Thoughts of Harming Others:

Anxiety/Worry:

Panic Attacks:

Client Name: _____

Intruding, Uncomfortable Thoughts:

Ruminating Thoughts or Behaviors:

Excessive/Perfectionist Behavior:

Binging/Purging/Restrictive Eating:

Difficulty Trusting Others:

Rebellious/Defiant:

Abuse or Trauma:

Emotional:

Sexual:

Physical:

Verbal:

Bullying:

Is there a family history of mental health, alcohol or drug problem? If yes, please list and describe:

Client Name: _____

Describe any relevant legal issues:

Describe any other relevant stressors:

Family:

Name	Relationship to Yourself	Age	Education/Occupation

Medical History. Describe.

- Blood Pressure: _____
- Diabetes: _____
- Thyroid: _____
- Heart: _____
- Lungs/Breathing: _____
- Kidney: _____
- Stomach: _____
- Seizures: _____
- Headaches: _____
- Other: _____

Who is your primary care doctor?: _____

Date of your most recent physical: _____

Allergies: _____

Client Name: _____

History of Substance Use: Describe:

Substance	Age at First Use	Use Last 30 Days	Average Quantity per Use	Last Used	Amount Used
Alcohol					
Sedatives/Barbiturates					
Heroin (Opioids)					
Cocaine					
Other Stimulants					
Marijuana					
Hallucinogenics					

In the past two years, there has been one or more episodes of memory loss due to substance abuse. No Yes

Personality changes due to the use of substances. No Yes

In the past 5 years, arrests due to drunkenness/intoxication. No Yes

Someone close to you thinks you may have a serious substance use problem. No Yes

There is a history of serious problems with the use of substances. No Yes

There is a history of substance abuse treatment (may include 12-step program). No Yes

Client Signature

Client Print

Date